

# RSVK Programs

## Enrolling into SSY Programs

Register:

South Mumbai - Hemali 93240 82189

Malad - Satpal Arora 93246 61789

Kandivali - Sumati Ma 98209 20306

Borivali - Prakash Patel 98676 75141

Goregaon - Urvashima 99305 10853

Ghatkopar - Dhvani 88798 74122

Thane - Shyamala Ma 93239 36644

Kalyan - Shantaramji 91378 95464

Ulhasnagar - Dinesh Parwani 98220 75152

Khar – Preeti 99201 59058

Andheri – Venetia 95945 22444

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**LiYA Information Center : 022 29655666**

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## Wednesday Satsang Hindi

2<sup>nd</sup> Jan – Celebrating Life

9<sup>th</sup> Jan – By Zenobia Baa

16<sup>th</sup> Jan – By Reshma Jain

23<sup>rd</sup> Jan – Creative Visualization

30<sup>th</sup> Jan – Being with Guruji

Time : 7 pm to 9 pm | Contact : 9920159058

At: Ahimsa Bhavan, Mahavir Hospital Bldg. Ahimsa Marg, Khar (West).

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## Satsangs also at

Andheri: Sunday – 7.30 to 9.00 am, Contact – Ketaki - 9920957415

Borivali: Saturday – 6.30 to 8.30 am, Contact – Prakash - 9867675141

Goregaon: Wednesday – 4.00 to 6.00 pm, Contact – Urvashi - 9920957415

Ghatkopar: Saturday – 6.30 to 8.30 am, Contact – Sarojma – 9819971017 (Once a Month)

## **Mind Your Health & Weight**

- ▯ From Cough to Cancer – The Cause and Cure
- ▯ Lose or Gain your weight Effortlessly
- ▯ Be a power-house of energy & Unblock your energy

For Enquiry and Registration Contact - 8655422770.

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## **Success Cue Program on 5<sup>th</sup> Jan (8:15am – 6:15pm)**

@Hotel suba International  
Directing you towards your Success!

For Enquiry and Registration Contact Claire - 9819700115.

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## **Executive SSY**

For - Executives & Managers

At Suba International Andheri (E).

For Enquiry and Registration Contact Claire - 9819700115.

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## **Whole Life Training**

Seminars on: Application of Non-Doing in areas of Health, Wealth, Relationships & Spiritual Growth on first Saturday of every month from 6.30 pm to 9.30 pm led by Bhaavin Shah.

Date: 5<sup>th</sup> Jan 2018. | Topic : Magic of Letting Go

For Enquiry and Registration Contact Bhavana / Akshay - 7039004339.

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## **Magic of Marriage**

*Date : 24<sup>th</sup> to 27<sup>th</sup> Jan @Katarkhadak*

Come as a couple, go back as one! A 4 Day Residential Workshop on Celebrating Love!  
Experiencing Togetherness! Rejuvenating your joint energies!

For Enquiry Contact Bijal – 9820317484 | Julie – 9029980847 / 8655422770

## Entrepreneurs Scope Camp

Energise yourself by the power of this camp amidst nature, held at Katarkhadak.  
Go back and live an effortless Joyous life.

Date : 12<sup>th</sup> – 15<sup>th</sup> Jan | Topic : Deep Directive Dynamic Silence

Pre-registration required Contact and enquiry Julie – 9029980847.

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## ISP - Infant Siddha Program

For Happy Parents & Happy Child

Mumbai Region:

Chowpatty - Manoj Mehta 9223406842

Ghatkopar – Darshana Dedia 9819348159

Shivaji Park - Kusum 9323284629

Thane – Shamala Chavan 9323936644

Andheri - Amit Shah 9323728375

Borivali – Darshan Desai 9323722448

Navi Mumbai -- Srishti Jha 97687 16010

Dombivali -- Aarti Salgaonkar 9322854447

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Pune Region:

Gultekdi – Megha 9822545430

Tilak Rd – Sameer 92267 8456

Shivaji Nagar – Sanjay 94223 56057

Viman Ngr – Manish 9823108321

New Sanghvi – Vinita 9423569640

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Kolhapur - Mahesh 9922403166

Indore -- Abhishek - 9752 542580

Buldana -- Swati – 9422181717

Solapur -- S.K. Kulkarni - 94220 66009  
Prakash K - 98903 54906

Ichalkaranji – 94225819

Ahmednagar -- Padma Mulay – 9975454609

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**Other Areas India:**

**Indore – Abhishek 9752542580**

**Junagadh – Dr. Pandit 9825904141**

**Goa – Prakash 9423317083**

**Bangalore – Sailesh L. 9448850900**

**Delhi – Komal 9711114126**

**SSY @ Delhi – 9650290043**

**Karnatak -- Shaylesh 9448850900 / Srujana Sekhar 9743434290**

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**ISP Abroad – 9392444251**

**Other Areas India – Kusum 022 244440959**

**USA -- Vishakama 001 949 689 9738**

**For New Centres / Online / Corporate -- Amit Shah - 9323728375**

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### **7-day Residential SSY @ Dehri – Every Month**

**A most wonderful way of energizing those who have no time in their daily routine. To empower every individual to:**

- \* Learn the Science of Self-Management and**
- \* Free Yourself from the stress of daily living.**
- \* Bring Joy and Fun back into Your Life!**
- \*Bring Health and Vitality into Your Body, no matter what**

**Date : 11<sup>th</sup> – 17<sup>th</sup> Feb**

**Enquiry and Registration : Priti – 9920159058.**

## **Rishi Joy Therapy & Wellness Center @ Maralwadi**

**A – 10days Residential Program**

Siddha Samadhi Yoga Program Including Pranayam, Meditation, Jalneti, Sutraneti, Mudbath, Sunbath, Asanasa, Surya Namaskar and many deep learnings.

Experience it all in natural surrounding. This leads to deeper cleansing of the physical self.

Do repeat if don't already and also include family and friends.

Every Month for 10 days. Register : 900023243/42

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## **BST (Bhava Samadhi Training)**

Experience - the power of Truth, a powerful dip into Everybody-ness. Creates wonderful relationships for & with all and between couples too.

Date : 6<sup>th</sup> – 13<sup>th</sup> Jan 2019 @Dehri Ashram  
Register with : 9920159058

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## **AMC (Advance Meditation Course)**

Attending Silence Programs allow you to go beyond sensations, feelings, the past and thoughts that block your growth. AMC helps you to live with greater awareness and build your strengths. It helps you live in: 'Every thing is Okay', etc. ~

Date : 21<sup>st</sup> – 24<sup>th</sup> Jan @ Dehri | 23<sup>rd</sup> – 27<sup>th</sup> Jan @Khopoli  
Contact – Priti – 9920159058 / Shubada – 9423500643

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## **Kaya Kalp Kriya Sadhana**

Date : Every Thursday  
Timing : 6am – 8am  
Venue : Sea Link, Bandra  
Pre-registration & Confirmation by sms on 9323184993