

# RSVK Programs

## Enrolling into SSY Programs

Register:

South Mumbai - Hemali 93240 82189

Malad - Satpal Arora 93246 61789

Kandivali - Sumati Ma 98209 20306

Borivali - Prakash Patel 98676 75141

Goregaon - Urvashima 99305 10853

Ghatkopar - Dhvani 88798 74122

Thane - Shyamala Ma 93239 36644

Kalyan - Shantaramji 91378 95464

Ulhasnagar - Dinesh Parwani 98220 75152

Khar – Preeti 99201 59058

Andheri – Venetia 95945 22444

Shivaji Park – Claire 9819700115

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**LiYA Information Center : 022 29655666**

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## Wednesday Satsang Hindi

1<sup>th</sup> May – Celebrating Life

8<sup>th</sup> May – Soul Communication

15<sup>th</sup> May – Stress Free Living

22<sup>th</sup> May – Pain Management

29<sup>th</sup> May – Being with Guruji

Time : 7 pm to 9 pm | Contact : 9920159058

At: Ahimsa Bhavan, Mahavir Hospital Bldg. Ahimsa Marg, Khar (West).

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## Satsangs also at

Andheri: Sunday – 7.30 to 9.00 am, Contact – Ketaki - 9920957415

Borivali: Saturday – 6.30 to 8.30 am, Contact – Prakash - 9867675141

Goregaon: Wednesday – 4.00 to 6.00 pm, Contact – Urvashi - 9920957415

Ghatkopar: Saturday – 6.30 to 8.30 am, Contact – Sarojma – 9819971017 (Once a Month)

## **Mind Your Health & Weight**

- ▮ From Cough to Cancer – The Cause and Cure
- ▮ Lose or Gain your weight Effortlessly
- ▮ Be a power-house of energy & Unblock your energy

For Enquiry and Registration Contact - 8655422770.

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## **Success Cue Program**

@Hotel suba International  
Directing you towards your Success!

For Enquiry and Registration Contact Claire - 9819700115.

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## **Executive SSY**

For - Executives & Managers

At Suba International Andheri (E).

For Enquiry and Registration Contact Claire - 9819700115.

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## **Magic of Marriage**

Come as a couple, go back as one! A 4 Day Residential Workshop on Celebrating Love!  
Experiencing Togetherness! Rejuvenating your joint energies!

For Enquiry Contact Bijal – 9820317484 | Julie – 9029980847 / 8655422770

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## **Special Scope Camp**

Energise yourself by the power of this camp amidst nature, held at Katarkhadak.  
Go back and live an effortless Joyous life.

Pre-registration required Contact and enquiry Julie – 9029980847.

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## **ISP - Infant Siddha Program**

**For Happy Parents & Happy Child Mumbai Region:**

**Chowpatty - Manoj Mehta 9223406842      Ghatkopar – Darshana Dedia 9819348159**

**Shivaji Park - Kusum 9323284629      Thane – Shamala Chavan 9323936644**

**Andheri - Amit Shah 9323728375      Borivali – Darshan Desai 9323722448**

**Navi Mumbai -- Srishti Jha 97687 16010      Dombivali -- Aarti Salgaonkar 9322854447**

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**Pune Region:**

**Gultekdi – Megha 9822545430      Tilak Rd – Sameer 92267 8456**

**Shivaji Nagar – Sanjay 94223 56057      Viman Ngr – Manish 9823108321**

**New Sanghvi – Vinita 9423569640**

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**Kolhapur - Mahesh 9922403166      Indore -- Abhishek - 9752 542580**

**Buldana -- Swati – 9422181717      Solapur -- S.K. Kulkarni - 94220 66009  
Prakash K - 98903 54906**

**Ichalkaranji – 94225819      Ahmednagar -- Padma Mulay – 9975454609**

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**Other Areas India:**

**Indore – Abhishek 9752542580      Junagadh – Dr. Pandit 9825904141**

**Goa – Prakash 9423317083      Bangalore – Sailesh L. 9448850900**

**Delhi – Komal 9711114126      SSY @ Delhi – 9650290043**

**Karnatak -- Shaylesh 9448850900 / Srujana Sekhar 9743434290**

ISP Abroad – 9392444251

Other Areas India – Kusum 022 244440959

USA -- Vishakama 001 949 689 9738

For New Centres / Online / Corporate -- Amit Shah - 9323728375

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### **7-day Residential SSY @ Dehri – Every Month**

A most wonderful way of energizing those who have no time in their daily routine. To empower every individual to:

- \* Learn the Science of Self-Management and
- \* Free Yourself from the stress of daily living.
- \* Bring Joy and Fun back into Your Life!
- \* Bring Health and Vitality into Your Body, no matter what

Date : 17<sup>th</sup> – 23<sup>rd</sup> June 2019

Enquiry and Registration : Priti – 9920159058.

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### **One Day Workshop**

Date : 3rd May (English) | 10th May (Hindi)  
Topic : Overcoming Anger & Disturbances.

Date : 11<sup>th</sup> June (English) | 20<sup>th</sup> June (Hindi)  
Topic : Make or Break Your Habits.

@Hotel Suba International, Opp Cigarette Factory, Chakala, Andheri (E)  
Reg with Claire – 9029980847 / 8655422770

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## **BST (Bhava Samadhi Training)**

Experience - the power of Truth, a powerful dip into Everybody-ness. Creates wonderful relationships for & with all and between couples too.

Date : 27<sup>th</sup> April – 4<sup>th</sup> May @Maralwadi Ashram | 23<sup>rd</sup> – 30<sup>th</sup> June @Dehri Ashram  
Register with : 9920159058 (Dehri) | 9900023241 (Maralwadi)

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## **AMC (Advance Meditation Course)**

Attending Silence Programs allow you to go beyond sensations, feelings, the past and thoughts that block your growth. AMC helps you to live with greater awareness and build your strengths. It helps you live in: 'Every thing is Okay', etc. ~

Date : 22<sup>nd</sup> – 26th May @Khopoli | 20<sup>th</sup> – 23<sup>th</sup> June @Dehri  
Contact – Priti – 9920159058 / Shubada – 9423500643

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## **Kaya Kalp Kriya Sadhana**

Date : Every Thursday  
Timing : 6am – 8am  
Venue : Sea Link, Bandra  
Pre-registration & Confirmation by sms on 9323184993

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## **SSY – Anand Yatra**

Spiritual Tours to be Satsangh, Sadhana & Seva

Chardham Yatra Oct 10<sup>th</sup> to 20<sup>th</sup>

For more details and registration Contact : Preeti 9920159058

- Subject to Confirmation